

**Registration Form**

**WORKING WITH PARENTS' ANGER:  
Taking the Heat Off the Child**

**Auckland 12 & 13 May 2016**

Name: .....

Agency: .....

Position: .....

Postal Address: .....

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Landline: .....

Mobile: .....

Email: .....

Special Requirements: .....

**Return enrollment:**

By post: **Kairos Development  
PO Box 430, Paraparaumu 5254**

By email: [kairosdevelopment@clear.net.nz](mailto:kairosdevelopment@clear.net.nz)

*Invoice issued to employers upon request.*

**Bank details: 38-9012-0671494-00  
(Name and course location with bank deposit)**

**Please note:**

Withdrawal from WWPA up to 10 days prior will incur a \$30.00 administration fee.

Withdrawal from WWPA less than 10 days prior will incur a \$130.00 fee, negotiable depending on circumstance.

***Kairos Development***

*Cushla Clark and Selina Reid have worked successfully for over 15 years with parents whose anger is harming their children.*

*They offer training to health and social service professionals to develop and expand their abilities to work effectively with parents' anger and harmful behaviour toward children.*

*This 2-day training utilizes experiential group-work and action methods to create a supportive learning environment and maximise skill acquisition.*

*N.B. The learning is structured so that each module builds on the next, therefore full attendance is recommended.*

**Contact:**

**[kairosdevelopment@clear.net.nz](mailto:kairosdevelopment@clear.net.nz)**

**Cell: 027 4477107; 021 0252 7627**

**WORKING WITH  
PARENTS' ANGER**

**Stage One:  
Taking The Heat Off The Child**



**2-Day Workshop  
12 & 13 May,  
Auckland 2016**

**for Practitioners Working with  
Parents and Families**

*Provided by*  
***KairosDevelopment***

# - Working with Parents' Anger -

## Workshop Content

Working with parents whose anger harms their children can be challenging and distressing. Understanding anger and how to work with it assists us to intervene effectively and take the heat off the child while supporting their parents' development.

This 2-day training workshop offers systemic perspectives on both parent-child dynamics and our own practice. You will gain insight and skills to assist parents to manage and resolve anger towards their children.

There will be opportunities to gain awareness of your own responses to anger and their effects on your work.

## Training Methodology

This workshop combines theory and practice utilizing experiential methods and teaching. Learning occurs in an environment of confidentiality, acceptance and open enquiry. Participants are encouraged to bring current work situations to explore.

## Workshop Outline

### Day One: Concepts and Skills

Systemic perspectives on learning

Building on current abilities

Understanding Anger:

- Stress and the brain/body
- Primary and secondary emotions
- Understanding escalation
- De-escalation skills

Intergenerational transmission of anger

Personal responses to anger and threat

### Day Two: Application of Learning

Exploring parent-child dynamics

Trauma and anger

Applied practice:

- Re-framing behaviour and motivation
- Maintaining a non-reactive presence with compassion and discernment
- Conflict between child safety and parent development

Resources and support for new learning

**Please note: places are limited to 16.  
Registration will be confirmed on  
receipt of registration form.**

## Participants

This workshop is suitable for a wide range of professionals, including those working in community services, health, welfare, social development, education, corrections and justice sectors.

## VENUE:

**Mercy Spirituality Centre  
Te Ngakau Waiora  
104 The Drive, Epsom**

## WORKSHOP FEE:

**\$250 including GST**

### **Kairos Development**

**Cushla Clark**

*(RGON, MAANZPA-associate)*

**Selina Reid**

*(Dip. Counselling, Cert. Groupwork  
ACC Registered, Dip. Tchng, MNZAC)*