

Healthy Relationships in Tamaki

# HEART



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## Our Communities Vision

*Glen Innes and Pt. England homes actively grow loving, safe and supportive relationships.*

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- An initiative of Te Waipuna Puawai in response to a community request to do something that stops violence from occurring rather than just responds to incidence.
- Tamaki include Pt. England, Glen Innes and Panmure, 16,000 residents.
- Reframes the work from focusing on preventing or minimising violence, to working on forming healthier relationships (reducing violence in the process).
- It is a planned approach and we have developed an evidence based 20 year Theory of Change and are currently in our sixth year of implementation
- Our core strategy is community members working together to change social norms and behaviours.
- Organization capacity and collaboration development and a coordinated response to family violence is key.
- Our work is Lead by our volunteers popularly known as the Community Change Agents and one full time paid coordinator role

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## **Community Readiness**

- Different levels of community readiness leads to wide spectrum of inter-related approaches and planned actions.
  - Social change-changing social norms, building healthy relationships and preventing violence from re-occurring and stopping at a wider population level.
  - Primary prevention-Creating norms and environments that ensure that violence does not occur in the first place.
  - Secondary prevention-developing training and programmes for community and local practitioners
  - Working to develop a coordinated response to family violence in Tamaki.

## **Community defines protective factors**

Positive focus on healthy relationship, harm minimization of alcohol and drugs, mental well being, healing and dealing with trauma. Current limited request to build gender equity and change social norms.

## **Building Community Commitment and Collective**

Urban community with varying level of traditional ties—Creating spaces for growing the collective

**Voluntary community action and working to build momentum and critical mass**



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