

Abuse of older people research symposium: Panel 4 – Aspirations for wellbeing and hauora

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New Zealand
Family Violence
Clearinghouse

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Abuse of Older People

Research Symposium

Aspirations for

Wellbeing and Hauora



United principles for Older Person:

- *Independence*
- *Participation;*
- *Self-fulfilment;*
- *Care and*
- *Dignity*



90 & 94 years old

*Treasuring Older
Adults towards
being:*

- *Happy,*
- *Healthy and*
- *Safe.*



We value and treasure our older people by:

- *Annual celebrations of IDOP and WEAAD, Language and Culture, Birthdays celebrations as they happen.*
- *Older people who are caring for a partner/husband or adult child with disabilities are included*
- *Take and support older people at medical appointments.*
- *Interpret and support at WINZ appointments, ‘co-location’ – WINZ staff at TOA Pacific office.*
- *Make NASC referrals for home support and equipment.*
- *Provision of support when called upon.*
- *etc*



20% of Carers are Older people 65+

*“Treasuring
Older
Adults ...
and
Pacific
Aiga
Carers”*



Aspirations for Hauora

- *Some are lonely or live alone during the day*
- *Activities include discussion on - safety living, healthy eating and sharing of memories and cultural knowledge.*
- *Singing old songs*
- *Prayers and singing hymns*
- *Dance to own island music*
- *Sharing of knowledge and experience with youth and enjoy their support – Matua ma Talavou (VC).*
- *Support all forms filling, and remind to vote at general election and be counted census etc.*
- *Support during and managing covid19 ie vaccinations and provisions*





Mapa Haangana
30 August 2023 11:56 am





Diane Turner
Director
Office for Seniors

Older New Zealanders lead valued, connected and fulfilling lives

Kia noho ora tonu ngā kaumātua

Older people:

- are treated with respect and dignity
- have purpose and are thriving
- are diverse and seen for what makes them unique
- are connected to their families and communities



An Age friendly Aotearoa New Zealand



Combating ageism

The WHO has three approaches for combating ageism:

- policy and law
- education
- intergenerational contact.

Our work:

- Research to understand how older people are perceived
- Challenging stereotypes
- Developing an advocacy strategy to effect real change in policies and practices, including a media guide

Links to research

Business of Ageing [7000OFS_Business-of-Aging-update-2023_3.pdf \(officeforseniors.govt.nz\)](#)

Attitudes Towards Ageing [Attitudes-Towards-Ageing-2021.pdf \(officeforseniors.govt.nz\)](#)



Te Tari Kaumātua
Office for Seniors

Regional elder abuse networks

- Five regions – Northland, Auckland, Bay of Plenty, Horowhenua and Canterbury
- Aim to prevent abuse by strengthening protective factors and enabling older people to be part of the solution
- A range of programmes and approaches have developed, including intergenerational, peer support, safety planning and professional development



Protective factors

- Trusting and caring relationships
- Older people who are socially connected, healthy, aware of their rights and have access to support services
- Carers who are socially connected, healthy, managing their finances well and have access to carer support
- Strong and healthy communities, iwi and organisations
- A society that challenges the norms which enable violence (including ageism), has good wealth distribution and intergenerational harmony



5 Priorities for the Decade of Healthy Ageing

1. Combat ageism
2. Generate more and better data on prevalence and on risk and protective factors
3. Develop and scale up cost-effective solutions
4. Make an investment case
5. Raise funds

[Decade of Healthy Ageing | Te Tari Kaumātua \(officeforseniors.govt.nz\)](#)

Tackling abuse of older people

(WHO [9789240052550-eng.pdf \(who.int\)](#))



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Reflection question

- What does an Aotearoa without abuse of older people look like?

