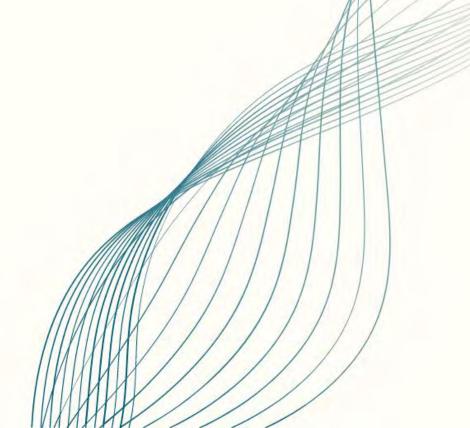
# Abuse of older people research symposium: Panel 4 – Aspirations for wellbeing and hauora

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### Abuse of Older People

Research Symposium

**Aspirations** for

Wellbeing and Hauora



### United principles for Older Person:

- **►** Independence
- **>**Participation;
- > Self-fulfilment;
- > Care and
- > Dignity





#### 90 & 94 years old

Treasuring Older

Adults towards

being:

- > Нарру,
- > Healthy and
- > Safe.





#### We value and treasure our older people by:

- Annual celebrations of IDOP and WEAAD, Language and Culture, Birthdays celebrations as they happen.
- ➤ Older people who are caring for a partner/husband or adult child with disabilities are included
- Take and support older people at medical appointments.
- ➤ Interpret and support at WINZ appointments, 'co-location' WINZ staff at TOA Pacific office.
- ➤ Make NASC referrals for home support and equipment.
- > Provision of support when called upon.
- > etc



#### 20% of Carers are Older people 65+

"Treasuring

**O**lder

**Adults** ... and

**P**acific

Aiga

Carers"





## Aspirations for Hauora

- > Some are lonely or live alone during the day
- Activities include discussion on safety living, healthy eating and sharing of memories and cultural knowledge.
- > Singing old songs
- > Prayers and singing hymns
- ➤ Dance to own island music
- ➤ Sharing of knowledge and experience with youth and enjoy their support Matua ma Talavou (VC).
- > Support all forms filling, and remind to vote at general election and be counted census etc.
- > Support during and managing covid19 ie vaccinations and provisions







### Older New Zealanders lead valued, connected and fulfilling lives Kia noho ora tonu ngā kaumātua

#### Older people:

- are treated with respect and dignity
- have purpose and are thriving
- are diverse and seen for what makes them unique
- are connected to their families and communities



#### An Age friendly Aotearoa New Zealand







#### **Combatting ageism**

The WHO has three approaches for combatting ageism:

- policy and law
- education
- intergenerational contact.

#### Our work:

- Research to understand how older people are perceived
- Challenging stereotypes
- Developing an advocacy strategy to effect real change in policies and practices, including a media guide

#### Links to research



#### Regional elder abuse networks

- Five regions Northland, Auckland, Bay of Plenty, Horowhenua and Canterbury
- Aim to prevent abuse by strengthening protective factors and enabling older people to be part of the solution
- A range of programmes and approaches have developed, including intergenerational, peer support, safety planning and professional development



#### **Protective factors**

- Trusting and caring relationships
- Older people who are socially connected, healthy, aware of their rights and have access to support services
- Carers who are socially connected, healthy, managing their finances well and have access to carer support
- Strong and healthy communities, iwi and organisations
- A society that challenges the norms which enable violence (including ageism), has good wealth distribution and intergenerational harmony



# 5 Priorities for the Decade of Healthy Ageing

- 1. Combat ageism
- Generate more and better data on prevalence and on risk and protective factors
- 3. Develop and scale up cost-effective solutions
- 4. Make an investment case
- 5. Raise funds

Decade of Healthy Ageing | Te Tari Kaumātua (officeforseniors.govt.nz)

Tackling abuse of older people

(WHO <u>9789240052550-eng.pdf (who.int)</u>)



### Reflection question

 What does an Aotearoa without abuse of older people look like?